

# **ALFI-2**

## **THE ADHD LIFESPAN FUNCTIONING INTERVIEW FOLLOW UP**

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# INTRODUCTION

The ADHD Lifespan Functioning Interview 2 is a clinician rated interview developed to be used as a follow up instrument that can be administered subsequent to the ADHD Lifespan Functioning Interview (ALFI).

The ALFI-2 is a clinical interview to assess change over time on topics relating to ADHD symptoms, education, occupation, personal circumstances, antisocial behaviours and social functioning. It is suggested that it is administered at least 6 months after the ALFI, and can be repeated at regular follow up intervals.

Both the ALFI and ALFI-2 should be used in conjunction with the ALFI Manual, which provides useful guidance on how to obtain and score the information.

DATE OF INTERVIEW	
REFERENCE	
NAME	
DATE OF BIRTH	

# PERSONAL CIRCUMSTANCES

**SINCE [DATE] HAS THERE BEEN ANY CHANGES TO YOUR PERSONAL CIRCUMSTANCES?**  
*(home life, accommodation, family etc.)*

# ADHD CHECKLIST OF SYMPTOMS

In the past 6 months, have you experienced the following problems:-	Never	Sometimes	Often
<b>INATTENTION</b>			
1. Failed to give close attention to details or made careless errors in work or other activities?			
2. Failed to sustain attention in tasks or activities?			
3. Found yourself not listening to what is being said to you?			
4. Failed to follow through on instructions or to finish chores or duties in the workplace (not because of oppositional behaviour or failure to understand instructions)?			
5. Been impaired in organizing tasks and activities?			
6. Avoided or strongly disliked tasks, such as homework, that require sustained mental effort?			
7. Lost things necessary for certain tasks or activities, such as assignments, pencils, books, or tools?			
8. Been easily distracted by external stimuli?			
9. Been forgetful in the course of daily activities?			
<b>Criterion A</b>			Yes/No
<b>HYPERACTIVITY/ IMPULSIVITY</b>			
1. Fidgeted with hands or feet or squirmed on your seat?			
2. Left your seat in situations in which remaining seated is expected?			
3. Ran about or felt restlessness in situations in which it is inappropriate?			
4. Been unduly noisy or had difficulty in engaging quietly in leisure activities?			
5. Exhibited a persistent pattern of excessive motor activity that is not substantially modified by social context or demands?			
6. Blurted out answers before questions have been completed?			
7. Failed to wait in lines or await turns?			
8. Interrupted or intruded on others (e.g. butting into others' conversations)?			
9. Spoken excessively without appropriate response to social constraints?			
<b>Criterion B</b>			Yes/No
<b>SYMPTOM CRITERION MET (i.e. Criteria A and B rated yes)</b>			Yes/No

# EDUCATION

1. SINCE [DATE] HAVE YOU HAD ANY PERSONAL ACHIEVEMENTS? YES/NO

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2. SINCE [DATE] HAVE YOU PASSED ANY EXAMS? YES/NO

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3. SINCE [DATE] HAVE YOU COMMENCED ANY FURTHER EDUCATION? YES/NO

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# OCCUPATION

1. SINCE [DATE] HAVE YOU FOUND FULL-TIME EMPLOYMENT? YES/NO

2. SINCE [DATE] HAVE YOU FOUND PART-TIME EMPLOYMENT? YES/NO

3. SINCE [DATE] HAS YOUR OCCUPATION CHANGED? YES/NO

4. WHAT IS YOUR CURRENT OCCUPATION?

**PLEASE CLASSIFY YOUR CURRENT OCCUPATION:**

Practical, technical	0
Clerical, administrative	1
Social, personal service	2
Unemployed	3
Student	4
Housewife/husband	5
Other: _____	6

# ANTI-SOCIAL BEHAVIOUR

*For definitions of severity and frequency, please refer to the relevant section in the ALFI Manual*

## 1. CRUELTY TO ANIMALS

SINCE [DATE] HAVE YOU BEEN CRUEL TO ANIMALS, TORMENTING THEM OR TRYING TO HURT THEM?

### SEVERITY:

	None	Minor (no injury)	Marked (some injury)	Severe (serious injury)
Last 3 months	0	1	2	3

### FREQUENCY:

	Not at all	Once or twice	Regular, on average 1 x month	Regular, more than once a month
Last 3 months	0	1	2	3

**2. VERBAL AGGRESSION**

SINCE [DATE] HAVE YOU BEEN INVOLVED IN ANY SERIOUS ARGUMENTS WITH PEOPLE?

**FREQUENCY:**

	None	1-2 isolated episodes	3 or more episodes	At least monthly
Last 3 months	0	1	2	3

WITH WHOM HAVE THESE ARGUMENTS BEEN?



**3. PHYSICAL AGGRESSION:**

SINCE [DATE] HAVE YOU BEEN INVOLVED IN ANY FIGHTS OUTSIDE THE HOME? WHAT HAPPENED? HOW BAD WAS IT?

**SEVERITY:**

	No fighting	Defence only	Mild (no injury caused)	Severe (injury caused)
<b>Last 3 months</b>	0	1	2	3

**FREQUENCY:**

	Not at all	Once or twice	Regular, on average 1 x month	Regular, more than once a month
<b>Last 3 months</b>	0	1	2	3

SINCE [DATE] HAVE YOU USED A WEAPON IN ANY OF YOUR FIGHTS? WHAT KIND? DO YOU CARRY A WEAPON AROUND TO DEFEND YOURSELF 'JUST IN CASE'?

	None	Carries weapon, never used	Only used to threaten	Used weapon in fight
<b>Last 3 months</b>	0	1	2	3

**4. VANDALISM**

SINCE [DATE] HAVE YOU VANDALISED ANYTHING OR SET FIRE TO ANYTHING?

**SEVERITY:**

	No vandalism	Minor (little damage)	Major (serious damage)	Fire setting
<b>Last 3 months</b>	0	1	2	3

**FREQUENCY:**

	Not at all	Once or twice	Regular, on average 1 x month	Regular, more than once a month
<b>Last 3 months</b>	0	1	2	3

## 5. THEFT

SINCE [DATE] HAVE YOU BEEN INVOLVED IN THEFT, INCLUDING SHOPLIFTING, JOY RIDING OR BREAK-INS?

### SEVERITY:

	None	Minor (value <£20)	Marked (value of £20-£100)	Major (value >£100, break-in, joy riding)
<b>Last 3 months</b>	0	1	2	3

### FREQUENCY:

	Not at all	Once or twice	Regular, on average 1 x month	Regular, more than once a month
<b>Last 3 months</b>	0	1	2	3

**6. POLICE INVOLVEMENT**

SINCE [DATE] HAVE YOU BEEN IN TROUBLE WITH THE POLICE?

**SEVERITY:**

	No involvement	Mild, (eg. petty driving offences)	Marked (questioned, cautioned)	Severe (charged)
<b>Last 3 months</b>	0	1	2	3

**FREQUENCY:**

	Not at all	Once or twice	Regular, on average 1 x month	Regular, more than once a month
<b>Last 3 months</b>	0	1	2	3

# SUBSTANCE USE

*For definitions of severity and frequency, please refer to the relevant section in the ALFI Manual*

## 1. ALCOHOL

SINCE [DATE] HAVE YOU DRUNK ALCOHOL? HAVE YOU GOT DRUNK? HOW OFTEN? HAVE YOU HAD ANY BAD EXPERIENCES?

HOW MANY UNITS OF ALCOHOL HAVE YOU DRUNK IN THE LAST WEEK?

## 2. ILLICIT SUBSTANCE USE

SINCE [DATE] HAVE YOU USED DRUGS OR INHALED GLUE? WHAT DID YOU USE?  
*(Tick each substance used)*

CANNABIS ..... COCAINE ..... HEROIN ..... SPEED .....

GLUE ..... LSD ..... ECSTACY ..... OTHER: \_\_\_\_\_

### SEVERITY:

	None	Mild (no impairment)	Marked (some impairment)	Severe (major impairment)
<b>Last 3 months</b>	0	1	2	3

### FREQUENCY:

	Not at all	Once or twice (gave up)	Intermittent (will try again)	Regular user
<b>Last 3 months</b>	0	1	2	3

WHY DO YOU STILL TAKE DRUGS? *(Identify maintenance factors)*

# SOCIAL FUNCTIONING

## 1. ACTIVITIES

SINCE [DATE] HAVE YOU CHANGED HOW YOU SPEND YOUR SPARE TIME?

SINCE [DATE] WHO HAVE YOU USUALLY SPENT YOUR SPARE TIME WITH?

Alone	0
Family (including cohabiting partners)	1
Friends (including non-cohabiting partners)	2
Acquaintances	3

SINCE [DATE] HAVE YOU BEGUN SPENDING MORE TIME DOING THE FOLLOWING?

Engaging in your hobbies?	YES/NO
Taking part in sport?	YES/NO
Playing a musical instrument?	YES/NO
Attending clubs?	YES/NO
Attending sports events?	YES/NO
Visiting theatres, museums, concerts?	YES/NO
Listening to music?	YES/NO
Other: _____	

**2. FRIENDSHIPS**

SINCE [DATE] HAVE YOUR FRIENDSHIPS CHANGED IN ANY WAY?

YES/NO

SINCE [DATE] HAVE YOU MET WITH ANY FRIENDS REGULARLY?

YES/NO

HOW MANY FRIENDS DO YOU HAVE CURRENTLY?

SINCE [DATE] HAVE YOU MADE FRIENDS EASILY?

YES/NO

SINCE [DATE] HAVE YOU FALLEN OUT WITH ANY FRIENDS?

YES/NO

OF YOUR CURRENT FRIENDS, WHO IS YOUR LONGEST-STANDING FRIEND? HOW LONG HAVE THEY BEEN YOUR FRIEND?

**3. INTIMATE RELATIONSHIPS**

DO YOU CURRENTLY HAVE A PARTNER/SPOUSE? YES/NO

DO YOU CURRENTLY HAVE A BOYFRIEND/GIRLFRIEND? YES/NO

ARE YOU SATISFIED WITH YOUR CURRENT RELATIONSHIP? YES/NO